

## ABSTRACT

The beneficial effects of vermicompost have been shown to improve plant growth, yield, and overall quality in previous research. Vermicompost acts as a natural fertilizer, enhances soil health, improves water holding capacity, and can provide some pest suppression. This study evaluated the application of vermicompost (WormGold®) in organic field plots to evaluate the effect on romaine lettuce (*Lactuca sativa* L. var. *longifolia*) growth characteristics and pest resistance of aphids. In a certified organic field at California State Polytechnic University, two trials were evaluated with four treatments; a top dress vermicompost application, a root-zone vermicompost application, a root-zone and top dress vermicompost application, and a control with no vermicompost application. Aphid densities were counted in lettuce heads sampled from each treatment. Head height, weight, and dry root mass were also measured. Data were analyzed using SPSS software with a two-fold analysis procedure; I) descriptive statistics and II) MANOVA ( $P < 0.05$ ). The results were not statistically significant in plant growth characteristics,  $F(102.368, 0.115) = 1.545$ ,  $p = 0.139$  Wilk's  $\Lambda = 0.721$ , partial  $\eta^2 = .61$ . Comparing the average means of treatments individually compared to the control, all treatments outperformed the control treatment in Trial A. In Trial B, the control outperformed all treatments for head height and weight. However, for root biomass, the top and root zone treatment outperformed the control while the top/root treatment was lower than the control. Total aphid count for trial A and B were 2 and 25 respectively and were not analyzed in the study. Given the time constraints of the study compounded with a global pandemic, we were unable to conduct additional research trials. Further research in field studies is needed to thoroughly understand the effects of vermicompost.

## ACKNOWLEDGEMENTS

The completion of this thesis would not have been possible without the support and guidance of so many people, to whom I am so thankful.

I would like to express my gratitude to Dr. Anna Soper, my principal investigator, whose constant encouragement and support during such an ambiguous time, has been so invaluable. I had the opportunity to be a student of yours before beginning my research, and your love for teaching and insects is infectious. I admire your passion and have greatly enjoyed working as your teaching assistant. I appreciate all your efforts in helping me reach my educational goals.

Dr. Aaron Fox, who advocated for me during the scholarship process, also mentored me while working on the Healthy Soils Demonstration event. I appreciate all the opportunities given to learn about sustainable agricultural practices, as well as your input on my research.

Dr. Valerie Mellano, the Plant Science Department Chair, since that summer day when I showed up at your office with big ideas about science, you have constantly believed in me. You helped to convince me that I was exactly where I needed to be. Your guidance has been invaluable, and you have provided opportunities at every step of my education. You truly see students for their potential, and I have tried to emulate your enthusiasm for science throughout my grad program.

Dave Matias, the Spadra farm director, who has mentored me in farm production and pest management. You recognized my passion for farming and enlightened me so much, and often on your own time, I am forever grateful. I appreciate you advocating for me and educating me quickly, in order to successfully complete my research. Chris Van Norten, as the farm assistant director, I appreciate all your efforts in helping to direct my day-to-day operations, constant feedback relating to my methods, and always lending a helping hand whenever necessary.

Dr. Srdjan Lemez, I appreciate you for helping me to understand statistics while enthusiastically diving into agriculture as a kinesiology professor, in order to help me structure my research and finalize my statistical analysis. In addition, my writing made the best strides under your guidance.

Monica Salembier, thank you for all the equipment, advice and encouragement you have given along my journey to complete my research.

I am grateful for my fellow graduate students for their supportive encouragement throughout my research progress, notably James Weeks, Laura Gonzales and Bryce Stevenson. You were my sounding boards and instrumental in assisting and coordinating my farming efforts.

To my dear friends Deborah Nardo and Rose Olivas, who tirelessly listened to my presentations, edited revisions, got their hands dirty in farm work, also gave me the final push over these last hurdles. Lifelong friends are found in grad school, indeed...I am blessed.

To my sister Yola Lerch, thank you for all the nights of editing my writing. And to my children, Ethan and Eva Murphy, who helped me with treatments and data collection in place of grad

students, saving me countless hours of work. I enjoyed having the opportunity to spend time with each other while exposing and sharing my research with you.

The Irrigation Society, the OCIA Research and Education, the Plant Science Department, and the California Gardeners Club, made my research and education possible, by awarding scholarship money for my research. I am grateful for your generosity and support.

Finally, I wish to thank my husband, Sean Murphy, who supported my decision to change careers and spent countless weekends supporting me on the farm, weeding and carrying all the heavy things. I will forever be grateful for your flexibility and dedication of being my number one fan.

To all of you, thank you for the time and effort invested in my future endeavors!